

Sports Funding Review July 2019

At Pennine Way Primary School we understand that through Sport and PE, pupils not only develop their physical capabilities but also invaluable qualities such as discipline, teamwork, communication, determination and ambition. These qualities enhance children's learning both in and out of the classroom.

At Pennine Way our vision for Sport and PE includes:

- ✓ **A commitment to equipping every child with the necessary skills and confidence to lead a healthy lifestyle**
- ✓ **Providing children with a high quantity and quality of sports through lessons and after-school clubs**
- ✓ **Opportunities for inter school competition in a variety of sports**
- ✓ **Opportunities for intra school sporting competitions through Sports Days and other events**
- ✓ **Greater exposure to a wide range of sporting activities that children might not otherwise experience**
- ✓ **Raising the numbers of children participating in sporting activities**
- ✓ **Ensuring that every child has an equal opportunity to take part in PE and Sport in a manner to suit their ability**

Our school provides a minimum of 1 dedicated P.E. lesson a week, which is supplemented by at least 30 minutes a day of aerobic activity (such as 'Mile a Day', 'Go Noodle' activities, the 'Skipping Challenge, or 'Brain Breaks'). In addition we provide a wide variety of lunchtime and after school clubs, sporting trips, and participation in sports competitions/festivals (all of which increases pupil participation in sporting activities).

Our school has some outstanding sports facilities for our pupils. These include a dedicated sports hall, a 3G sports pitch, multiple MUGAs (multi-use games areas), a British Cycling race standard cycle track, as well as an extensive playground and an adventure challenge course. We also have a mindfulness room which the children can use for meditation, relaxation and yoga.

At Pennine Way we buy in PE specialists to run numerous sessions during the school day and facilitate after school clubs. They also assist with special sporting events such as Sports Days and sport festivals. These sports coaches are also involved in the CPD development of our staff, which will ensure long lasting impact upon the quality of P.E. within the school. We are also lucky to have good ties with the local community – this means we benefit from local resources and specialists – for example we have working relationships with Carlisle Cricket Club, British Cycling, Carlisle United and Newcastle Falcons. For Year 5 and 6, specialist Cycle Proficiency Trainers also attend school every year to prepare pupils with the skills to travel safely by bicycle in a healthy way (with skill, knowledge, confidence and independence).

Within P.E. provision we are dedicated to promoting healthy lifestyle choices and the core values of confidence, team work, resilience, and positive attitudes. Through cross curricular lessons we are also developing a greater awareness of obesity, smoking, drugs and other harmful activities, which can have a detrimental effect upon health and wellbeing. Our

Wellbeing Centre for children (Dingley Dell) works with partner agencies to support families and children and promote healthy life styles.

The breadth of subjects covered in our after school clubs is far ranging including: Football, Dance, Cricket etc. We also have a designated after school club designed to provide a wide range of sporting activities for children to participate in - including archery, cheer leading, athletics, cricket, touch rugby, hockey. The strength of after school club participation throughout the school is evident with as much as 48% of pupils taking part in at least one after school sporting activity (this is up 6% on last year). Some clubs are so popular that they have waiting lists and rotate pupils half termly.

In conjunction with P.E. within the school we also offer a wide range of opportunities for children to participate in new and unusual activities within the community. For example this year every child in KS2 will have had the opportunity to go climbing at Eden Rock (resulting in our entry into their annual bouldering competition – where we came **first!**), in addition to this we continued our successful participation in the Big Dance competition!

Our free Breakfast Club (which has won awards) offers a social and healthy start to the day, where from 8am every morning children can enjoy healthy choices and some physical activities. We have a core attendance this year of around 110 children. Our Afterschool Club (which has 65 children on the register with 40 children coming regularly every week) encourages physical activity daily.

In Year 4 and 5 every child also has the opportunity to attend weekly swimming lessons for concentrated 6 week blocks with well-trained swimming staff at a local swimming pool. This has resulted in 68% of children being able to confidently swim 25 meters or more when they leave school at the end of Year 6. The remaining children have all grown in water confidence and ability, with a further 14% nearly able to swim 25 meters confidently.

Our School Council organise a number of initiatives, which increase pupil participation in physical activity. For example, ‘Walk to School Week’ where children are awarded with special badges for regularly walking to school and the BIG PEDAL where children and families are encouraged to use wheels to get to school e.g. scooters and bikes. In addition we have done a sponsored Skip to raise money for the NSPCC.

The whole school participates in the “Mile a Day” project. This is to promote healthy life style, and to get the children’s heart rates increasing before learning begins - as research indicates this helps with concentration and behaviour.

In summary, the Sports Funding Allocation has allowed us to engage all pupils in regular physical activity and educate them about healthy lifestyles. Employing specialist coaches has allowed us to raise the profile of sport within the school, provide a wider range of activities, run excellent P.E. lessons, and train staff as part of their CPD.

The Sports Funding has also allowed us to provide children with a wide breadth of experiences they might not otherwise have had the opportunity to participate in incl. our outdoor activity residential at Water Park.

Our participation in a school cluster (with 11 different schools) has allowed us to regularly compete against a number of schools in activities such as football, cricket, gymnastics,

hockey, athletics, rounders, rugby, and netball. The cluster has also run special sporting festivals aimed at targeting those children who do not usually represent their schools in a sporting manner, or those children with a particular need. For example, a cycling festival was specifically run with the aim of getting non bike riding children riding bikes, reception were targeted to increase the children's opportunities to attend sporting events at other venues, and dance and cheerleading festivals were aimed at children who would benefit from developing their confidence. These festivals also had the added benefit of developing links between children from different schools - enhancing the feeling of a wider community.

Budget for 2018 – 19	
Number of Pupils and Pupil Premium Grant (PPG) received	
Total number of pupils	408
	£18,810

Project	Funding	Target group / aims	Participation Target	Impact
Hiring specialist staff	£8605	CPD for staff Expanding range of activities for children to participate Providing children with high quality sports coaching	All children (every class) to have worked with sports coaches for at least one half terms worth of sessions. All CT to have had the opportunity for CPD. Coaches to provide high quality P.E. sessions and new opportunities/experiences .	We have employed a specialist coach to provide a greater range of activities, high quality P.E. sessions and CPD opportunities for staff (15 classes plus Nursery have benefited from these sessions – 408 children, and 16 members of staff have worked with the coach).
Inter school / cluster competitions and festivals	£635	Developing competitive opportunities	Football (KS2 Girls and boys) Netball (UKS2) Cricket (KS2) Gymnastics (KS1) Rounders (KS2) Athletics (KS2)	We have participated in numerous competitions and festivals throughout the year incl. Tri-Golf, Rounders, Tennis, Hockey, Rugby, Netball. We have continued to have great success with our Football teams (Girls and Boys). We have had

				<p>children participating in the county finals for Cross Country Running.</p> <p>We also came first place in the annual Eden Rock primary school competition.</p> <p>Our dance troop also participated in Dance Evolution and Big Dance.</p> <p>Our cricket team has also had a successful season.</p>
New Activities	£1052.09	Giving the children the opportunity to experience and compete in activities they wouldn't normally get the chance to try.	<p>KS2 climbing Dance</p> <p>Opportunities to experience new activities with links to local community e.g. British Cycling and BMX track, Adult and Family Fitness trails, and coaching opportunities provided by GLL (roller skating).</p>	<p>All of KS2 have had the opportunity to participate in Wheel Chair Basketball; plus the whole school had a very inspirational assembly.</p> <p>All of KS2 have had climbing coaching at Eden Rock (191 children of which 89 are PP children) – leading to our team winning the annual primary school competition.</p> <p>Yr 2 have had a 6 week block of</p>

				<p>cycling coaching from British Cycling – resulting in 80% of children now being able to ride a bike. Plus they ran an after school club for KS2 to develop cycling proficiency – this was attended by 20 children.</p> <p>After consultation with the cluster a cycling festival was organised for Yrs 3 and 4 targeting non bike riders – resulting in 75% of children who attending learning to ride a bike.</p> <p>We have had a block of Tag Rugby coaching combined with healthy living sessions for Year 4. This culminated in entry into a competition which we won.</p> <p>We have also had various Taster Session throughout the Year ranging from Cheer Leading to Nunchaku.</p>
Inclusion	£2056	Allowing children, who wouldn't	PP children in Yr 5 and 6	We were able to

		normally get the chance, to go on an outdoor activity residential.		<p>win a bid for additional funding from the Eric Wright Trust which partially funded the residential.</p> <p>34 children went on the residential with 15 of them being PP.</p>
Resources	£2864.91	To provide appropriate resources	Resources to ensure high quality P.E. sessions are deliverable. Ongoing as needed.	<p>Spare P.E. shoes, and shorts have been purchased to ensure full participation and full inclusion.</p> <p>Storage and locks have been purchased, doors have been fixed, and barriers placed to ensure security for P.E. equipment (which is stored in the Community Campus arena).</p> <p>Additional Gymnastics Matts have been ordered to replace and supplement current equipment in order to ensure full and safe coverage of NC and skills objectives.</p> <p>We have also</p>

				been replacing and buying additional equipment as needed (in consultation with our specialist coaches). This is ongoing to ensure quality P.E. sessions are catered for.
Yoga & Mindfulness	-	Teaching children to practice mindfulness and movement, and therefore helping them become more in control of their thoughts and emotions — leading to improved behaviour, focus and concentration.	Opportunities for all children in Nursery, Reception, KS1 and KS2 to participate.	Not run due to logistical issues / injury to the coach. Instead an afterschool club was arranged where 20 children attended regularly.
Richard Rose partnership	£890	Expanding the range of activities for children to participate Developing competitive opportunities	KS1 and KS2 to participate in competitions and festivals.	Netball coaching for Yr 4 Multiskills festivals for KS1 Hockey, Football, Cricket, Netball competitions for KS2.
Chance to Shine Cricket Coaching	£1427	30 hours cricket coaching, 2 hours classroom content (based around PHSE), 2 hours teacher training to support sustainability, 1 hour assembly, 2 hours of mini festivals.	KS1 and KS2 to participate. After school clubs. Build links to Carlisle clubs.	The chance to shine scheme proved so successful we expanded the coverage to include Yrs 2, 3, 5, and 6. The success of this also lead to an after school club being developed for Yr 3, 4, 5, 6.

				Initially run by the coach but then taken over by a member of PWPS staff.
Targeted swimming	£1040	To provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum in Yr 6 and those emerging in Yr 5.	Yr 5 & 6 as needed in order to meet NC targets.	68% of children in Year 6 could swim confidently at the end of the year. With a further 14% close to achieving this. All children grew in water confidence and ability.
Squash coaching	£240	Improving agility, hand eye coordination, concentration, cardiovascular fitness, self confidence, and social development.	Targeted at Yr 5.	Squash coaching could not be arranged. However, we instead organised Badminton and Tennis coaching for Yr 3, 4 and Yr 6.