

# Pennine Way Primary School



## CPRSSHE Curriculum and Skills Plan

### National Curriculum Objectives and skills

CPRSSHE National Curriculum Expectations Year 1			Year 1		
			Aut	Spr	Sum
Being me in my World	CP1.1	I understand my rights and responsibilities of being a member of my class.			
	CP1.2	I know my views are valued and can contribute to the learning charter .			
	CP1.3	I can recognise the choices I make and understand the consequences.			
Celebrating Difference	CP1.4	I can tell you some ways I am different from my friends.			
	CP1.5	I understand these differences make us all special and unique.			
Dreams and Goals	CP1.6	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it.			
	CP1.7	I know how to store the feelings of success in my internal treasure chest.			
Healthy Me	CP1.8	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy.			
	CP1.9	I can recognise how being healthy helps me to feel happy.			
Relationships	CP1.10	I can tell you why I appreciate someone who is special to me.			
	CP1.11	I can express how I feel about someone who is special to me.			
Changing Me	CP1.12	I can identify the parts of the body that make boys and girls different and can use the correct names for these: penis, vagina, testicles.			
	CP1.13	I respect my body and understand which parts are private.			

CPRSSHE National Curriculum Expectations Year 2			Year 2		
			Aut	Spr	Sum
Being me in my World	CP2.1	I understand my rights and responsibilities of being a member of my class and my school.			
	CP2.2	I can listen to other people and contribute my own ideas about rewards and consequences.			
	CP2.3	I understand how following the Learning Charter will help with the choices I make and know the consequences.			
Celebrating Difference	CP2.4	I can identify some ways in which my friend is different from me.			
	CP2.5	I can tell you why I value this difference about him / her.			
Dreams and Goals	CP2.6	I can explain some of the ways I worked cooperatively in my group to create the end product.			
	CP2.7	I can express how it felt to be working as part of this group.			
Healthy Me	CP2.8	I can make some healthy snacks and explain why they are good for my body.			
	CP2.9	I can express how it feels to share healthy foods with my friends.			
Relationships	CP2.10	I can identify some of the things that cause conflict between me and my friends.			
	CP2.11	I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends.			
Changing Me	CP2.12	I can recognise the physical differences between boys and girls use the correct names for parts of the body (penis, testicles, and vagina) and appreciate that some parts of my body are private.			
	CP2.13	I can tell you what I like / don't like about being a boy / girl.			

CPRSSHE National Curriculum Expectations Year 3			Year 3		
			Aut	Spr	Sum
Being me in my World	CP3.1	I can face new challenges positively, make responsible choices and ask for help when I need it .			
	CP3.2	I can understand why rules are needed and how they relate to rights and responsibilities .			
	CP3.3	I understand that my actions affect myself and others and I care about other people’s feelings.			
Celebrating Difference	CP3.4	I can tell you about a time when my words affected someone’s feelings and what the consequences were.			
	CP3.5	I can give and receive compliments and know how this feels.			
Dreams and Goals	CP3.6	I can evaluate my own learning process and identify how it can be better next time.			
	CP3.7	I am confident in sharing my success with others and know how to store my feelings of success in my internal treasure chest.			
Healthy Me	CP3.8	I can identify things, people and places that I need to keep safe from, and tell you some strategies for keeping myself safe including who to go to for help including On- Line Safety .			
	CP3.9	I can express how being anxious or scared feels.			
Relationships	CP3.10	I can explain how some of the actions and work of people around the world help and influence my life.			
	CP3.11	I can show an awareness of how this could affect my choices.			
Changing Me	CP3.12	I can identify how boys’ and girls’ bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.			
	CP3.13	I recognise how I feel about these changes happening to me and know how to cope with these feelings.			

CPRSSHE National Curriculum Expectations Year 4			Year 4		
			Aut	Spr	Sum
Being me in my World	CP4.1	I know my attitudes and actions make a difference to the class team and how I fit into the school community.			
	CP4.2	I understand how democracy works through the school council and how having a voice benefits the school.			
	CP4.3	I understand who is in my school community, the roles they play and how I fit in.			
Celebrating Difference	CP4.4	I can tell you a time when my first impression of someone changed as I got to know them.			
	CP4.5	I can tell you why it is good to accept people for who they are.			
Dreams and Goals	CP4.6	I know how to make a new plan and set new goals even if I have been disappointed.			
	CP4.7	I know what it means to be resilient and to have a positive attitude.			
Healthy Me	CP4.8	I can recognise when people are putting me under pressure and can explain ways to resist this when I want to.			
	CP4.9	I can identify feelings of anxiety and fear associated with peer pressure.			
Relationships	CP4.10	I can explain different points of view on an animal rights issue and I can express my own opinion and feelings on an animal rights issue			
	CP4.11	I can keep myself safe using technologies and social media			
Changing Me	CP4.12	I can identify what I am looking forward to when I am in Year 5.			
	CP4.13	I can reflect on the changes I would like to make when I am in Year 5 and can describe how to go about this.			

CPRSSHE National Curriculum Expectations Year 5			Year 5		
			Aut	Spr	Sum
Being me in my World	CP5.1	I can face new challenges positively and know how to set personal goals.			
	CP5.2	I understand my rights and responsibilities as a British citizen and a member of my school and how to participate in democracy.			
	CP5.3	I understand how democracy and having a voice benefits the school community and know to participate in this.			
Celebrating Difference	CP5.4	I can explain the differences between direct and indirect types of bullying.			
	CP5.5	I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied.			
Dreams and Goals	CP5.6	I can describe the dreams and goals of a young person in a culture different from mine.			
	CP5.7	I can reflect on how the dreams and goals of a young person in a culture different from mine relate to my own dreams and goals.			
Healthy Me	CP5.8	I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures. I respect and value my own body.			
	CP5.9	I can use basic first aid			
Relationships	CP5.10	I can explain how to stay safe when using technology to communicate with my friends.			
	CP5.11	I can recognise and resist pressures to use technology in ways that may be risky or cause harm to myself or others.			
Changing Me	CP5.12	I can describe how boys' and girls' bodies change during puberty.			
	CP5.13	I can express how I feel about the changes that will happen to me during puberty.			

CPRSSHE National Curriculum Expectations Year 6			Year 6		
			Aut	Spr	Sum
Being me in my World	CP6.1	I can identify my goals for this year, understand my fears and worries about the future and know how to express them.			
	CP6.2	I understand that my actions affect other people locally and globally and understand how rewards and consequences feel and how they relate to my rights and responsibilities .			
	CP6.3	I understand that there are universal rights for children but many of these rights are not met .			
Celebrating Difference	CP6.4	I can explain ways in which difference can be a source of conflict or a cause for celebration.			
	CP6.5	I can show empathy with people in situations both where difference is a source of conflict and a cause for celebration.			
Dreams and Goals	CP6.6	I can describe some ways in which I can work with other people to help make the world a better place.			
	CP6.7	I can identify why I am motivated to work with other people to help make the world a better place.			
Healthy Me	CP6.8	I can evaluate when alcohol is being used responsibly, antisocially or being misused andI can tell you how I feel about using alcohol when I am older and my reasons for this.			
	CP6.9	I have an understanding of basic first aid and can use it when necessary.			
Relationships	CP6.10	I can recognise when people are trying to gain power or control in real life and on line and I can keep myself safe from potential risks on line.			
	CP6.11	I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control.			
Changing Me	CP6.12	I can describe how a baby develops from conception through the nine months of pregnancy and how it is born.			
	CP6.13	I can recognise how I feel when I reflect on the development and birth of a baby.			